

Questions To Ask

Being an informed patient tends to make your treatment path more successful and also provides you with a sense of control. You are in charge of your myeloma journey!

A few questions you might want to ask as you map out your treatment options include the following:

- What type of myeloma do I have? IGG/kappa, IGG/lambda, IGA/kappa, IGA/lambda
- Do I have any chromosomal deletions or translocations?
- Given my myeloma type and chromosomal condition, what are the best treatment options available?
- What side effects can I expect from these treatment options?
- How will we evaluate the results of these treatment options?
- Can you tell me the purpose and accuracy of the diagnostic testing?
- Who would you recommend I see for a second opinion? Is this person a myeloma specialist?
- What happens if a treatment approach does not work for me?
- How many patients have you treated with my type and stage of myeloma, and how successful have you been?
- How will you help me balance my cancer care with the demands of my normal life?
- Is a clinical trial right for me at this time?
- Should I participate in the CoMMpass study for newly diagnosed patients?
For more information and criteria:
<http://www.themmr.org/research-partners/the-commpass-study/>